



Rates

Bonne Vie Fitness training rates

New client packages

Custom packages available - contact Natalie for a 20 minute consultation at natalie@bonneviefitness.

Personal training

\$80 per hour. 10% discount on the purchase of 50 or more sessions.

Two-on-one personal training

Want to train with a buddy or a spouse? Call Bonne Vie Fitness for two-person training rates at 949.215.7284

Group training

(1) \$25 (expires in one month)

(10) \$170 = \$35 per session (expires in two months)

If you have purchased a personal training package, you can purchase group classes at a deeper discount when all purchases are made together. Contact Bonne Vie Fitness for more information. These packages can be used for any of these classes or programs: Yoga, OC Combat Athletics, CrossFit South County, outdoor training, pilates mat.

NOTE: Any of the packages can be re-activated after the expiration date by purchasing a single session at the \$25 rate.

Semi-private training (Gravity/Pilates)

(1) \$45

(10) \$350 = \$35 per session (expires in two months)

(20) \$600 = \$30 per session (expires in four months)

Packages are sold as hours and can be used for either 60 minute sessions or 30 minutes sessions. Packages can be used for Gravity and/or Pilates sessions (excludes private pilates sessions.) Gravity Total Body, Gravity Express, Pilates Circuit & Gravity Pilates are limited to five. Gravity Pilates Circuit limited to eight.

Unlimited Class Pass - CrossFit, MMA, Yoga, Outdoor

New Members - First Month Pass - \$99 (Includes two mandatory Basic Movements classes)

Unlimited Class Pass - \$250 (per month) (Autopay month to month contract. Must pay by cc, must sign contract, can cancel with four days notice.)

Class size limited to 10 students - must reserve classes online.

Rates are subject to change without notice. Contact Bonne Vie Fitness for the most up-to-date rate information



125 Columbia, Suite C
Aliso Viejo, California 92656
949.215.7284 www.bonneviefitness.com